



Evaluating Risks in Growing Occupations Inc.

MUSCULOSKELETAL DISORDER (MSD) PREVENTION SERVICES

ERGO Steps for an Effective MSD Prevention Program

Establish a Foundation for Success

I'd like to learn more...



- Set objectives, goals and budgets
- Educate upper management and employees on MSD prevention
- Develop a workplace specific MSD Prevention Policy and Procedure

STEP 1

Identify MSD Hazards

I'd like to learn more...



- Complete Physical Demands Assessments (PDAs)
ERGO Inc. assesses job demands using ERGO's PDA Job Matching Database for Return to Work and Accommodation
- Perform Job Task Hazard Analyses (JHAs) to identify main MSD hazards
- Educate on how to complete PDAs and JHAs

STEP 2

Conduct MSD Risk Assessments

I'd like to learn more...



- Complete MSD Risk Assessments
Ergo Inc. compares hazards with ergonomic standards to identify high-risk tasks and prioritize job improvements
- Educate on how to complete MSD Risk Assessments

STEP 3

Choose & Implement MSD Hazard Controls

I'd like to learn more...



- Workstation, task, tool and/or equipment engineering changes to eliminate or reduce hazards
- MSD Prevention Training and Best Work Practice Training for employees
- Post Offer Pre-employment Screening Programs
- Warm-up and Stretching Programs

STEP 4

Follow-up on & Evaluate Success of Implemented Controls

I'd like to learn more...



- Post Implementation Assessment
Ergo Inc. conducts a secondary assessment to determine if the chosen controls have sufficiently reduced the risk.

STEP 5

Communicate Results & Acknowledge Success

I'd like to learn more...

STEP 6

INFORMATION REQUEST FORM Send to ERGO Inc. via email downey@ergoconsulting.ca or fax (705) 436-4619.

NAME _____

COMPANY _____

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REFERENCE (MSD PREVENTION GUIDELINE FOR ONTARIO, 2007)